

Pos	Time	Name	Club	Cat	Num
1	0:21:39	WARD, Paul	Telford AC	MV45	178
2	0:21:42	HAWKES, Stuart	Tipton Harriers	MV35	245
3	0:21:45	WILLIAMS, Martin	Wolverhampton & Bilston AC	MV35	763
4	0:22:50	CARPENTER, Richard	Wolverhampton & Bilston AC	SM	203
5	0:23:00	COSTELLO, Matthew	Telford AC	SM	209
6	0:23:07	SEDMAN-SMITH, Robin	Newport & District	MV35	244
7	0:23:11	NASH, Rob	Telford AC	SM	734
8	0:23:14	HICKINBOTTOM, James	Shrewsbury AC	SM	104
9	0:23:19	PHILLIPS, Joe	Newport & District	SM	310
10	0:23:28	EVANS, Christian	Telford AC	MV40	89
11	0:23:36	BAGSHAW, Chris	Telford AC	MV35	108
12	0:23:49	ROBERTS, Adam	Shrewsbury AC	SM	282
13	0:23:53	HALL, Matt	Shrewsbury AC	SM	53
14	0:23:55	MORRIS, Gabriel	Shrewsbury AC	SM	174
15	0:23:57	STADRIN, Craig	Telford AC	MV35	274
16	0:24:11	BEEBEE, Hayden	Telford AC	SM	254
17	0:24:16	SANDERS, John	Telford AC	MV50	222
18	0:24:23	MARTIN, Claire	Telford AC	LV40	215
19	0:24:33	MILOVSOROV, Jake	Telford AC	SM	319
20	0:24:42	THOMAS, Paul	Market Drayton RC	MV50	743
21	0:24:44	DODD, Gareth	Whitchurch Whippets	SM	252
22	0:25:02	PERKINS, Stuart	Dudley Kingswinford	MV35	5
23	0:25:08	BOARDMAN, Phil	Unattached	SM	766
24	0:25:11	DAVIES, Jamie	Telford AC	SM	264
25	0:25:13	OTTOLINI, Craig	Market Drayton RC	MV45	326
26	0:25:19	POPE, Tom	Newport & District	MV35	213
27	0:25:23	GUILDER, Matt	Shrewsbury AC	SM	43
28	0:25:29	NORMAN, Robert	Unattached	MV35	6
29	0:25:30	GADSDEN, Marc	Telford Harriers	SM	204
30	0:25:33	FRANCIS, Kevin	Shrewsbury AC	MV50	41
31	0:25:41	COUPE, Paul	Telford AC	MV50	3
32	0:25:45	DEELEY, Mike	Unattached	MV55	279
33	0:25:48	VICKERS, Gary	Telford AC	MV45	120
34	0:25:50	MURRAY, Dominic	Unattached	SM	163
35	0:25:52	KINGSTON, David	Telford Harriers	MV45	740
36	0:25:57	HUGHES, Simon	Dudley Kingswinford	MV35	62
37	0:25:59	CLARKE, Michelle	Telford AC	LV40	98
38	0:26:07	GARMSON, John	Telford AC	MV50	167
39	0:26:10	LLOYD, Grant	Shrewsbury AC	MV40	746
40	0:26:15	JONES, Philip	Shropshire Shufflers	MV35	236
41	0:26:17	BROWN, Craig	Dudley Kingswinford	SM	267
42	0:26:20	GRIFFITHS, Mark	Unattached	MV50	196
43	0:26:21	STENNETT, Stephen	Shropshire Shufflers	SM	278
44	0:26:24	RITCHIE, Nathan	Unattached	SM	281
45	0:26:25	BLIZZARD, Simon	Dudley Kingswinford	MV35	250
46	0:26:32	MILLWARD, Andrew	Unattached	SM	242
47	0:26:33	O'BRIEN, Paul	Telford Harriers	MV35	148
48	0:26:33	JONES, HAYDEN	Shrewsbury AC	MV50	305
49	0:26:34	SAVILL, Peter	Shrewsbury AC	MV60	1
50	0:26:34	MOUNTFORD, Mark	Telford AC	MV45	93
51	0:26:47	GAPPER, Dean	Telford Harriers	MV35	169
52	0:26:49	BECKETT, Tim	Market Drayton RC	MV45	260
53	0:26:51	HOWARD, Steven	Bournville Harriers	SM	739
54	0:27:01	NORMAN, David	Dudley Kingswinford	MV45	9

Pos	Time	Name	Club	Cat	Num
55	0:27:03	WARBURTON, John	Wrekin Road Runners	SM	145
56	0:27:09	WILLHOIT(SH), Sara	Shrewsbury AC	SL	292
57	0:27:12	HOMER, Mark	Dudley Kingswinford	MV55	2
58	0:27:14	REYNOLDS, Amelia	Telford AC	SL	735
59	0:27:15	BONNER, Gary	Dudley Kingswinford	MV50	125
60	0:27:20	HARRISON, Keith	Sneyd Striders	MV50	126
61	0:27:33	HOOD, Peter	Dudley Kingswinford	MV50	290
62	0:27:34	TAIT-HARRIS, Lucie	Telford AC	LV40	780
63	0:27:47	BAILEY, Richard	Telford Harriers	MV50	270
64	0:27:49	CHRISTIAN, Marc	Telford AC	MV50	73
65	0:27:51	EDWARDS, Phil	Unattached	MV45	723
66	0:27:54	AUSTIN, Keith	Shrewsbury AC	MV35	776
67	0:27:55	JUDGE, Mark	Dudley Kingswinford	MV40	314
68	0:27:57	WILLIAMS, Kate	Wolverhampton & Bilston AC	LV35	765
69	0:28:00	COUPE, Rachel	Telford AC	LV45	4
70	0:28:04	WRIGHT, Jason	Shropshire Shufflers	MV40	55
71	0:28:10	OSTERMEYER, Sam	Shropshire Shufflers	SM	17
72	0:28:11	HAYES, James	Telford AC	SM	733
73	0:28:13	HILL, Philip	Newport & District	MV50	259
74	0:28:15	RIXOM, Lee	Telford AC	MV40	48
75	0:28:22	DAVIES, Andrew T	Bridgnorth RC	MV65	758
76	0:28:26	FARLEY, Stewart	Unattached	MV35	317
77	0:28:27	TROMANS, Helen	Dudley Kingswinford	LV45	128
78	0:28:29	MILNER, John	Shropshire Shufflers	SM	304
79	0:28:30	PRITCHARD, Nigel	Shropshire Shufflers	MV45	318
80	0:28:33	SUMMERS, MARTIN	Bridgnorth RC	MV60	322
81	0:28:35	GRANDFIELD, Ian	Market Drayton RC	MV50	258
82	0:28:36	GUY, Richard	Newport & District	MV45	130
83	0:28:40	DAINTY, Tom	Newport & District	SM	750
84	0:28:41	WAKELEY, Amy	Telford AC	SL	95
85	0:28:41	FORD, Ian	Shropshire Shufflers	MV40	20
86	0:28:56	SMITH, Mark	Unattached	SM	752
87	0:29:04	GREGORY, Bruce	Telford AC	MV55	22
88	0:29:11	HAYCOCK, Anthony	Stafford Harriers	MV55	756
89	0:29:13	REID, Maurice	Newport & District	MV45	753
90	0:29:16	PARR, Stephen	Dudley Kingswinford	MV40	61
91	0:29:18	PATEL, Harshad	Unattached	MV35	276
92	0:29:20	MARTIN, Ian	Telford AC	MV50	161
93	0:29:21	AMOS, Richard	Bridgnorth RC	MV35	268
94	0:29:25	LOW, Stephen	Wrekin Road Runners	MV35	179
95	0:29:28	LJUBOWNIKOW, Sergej	Dudley Kingswinford	MV35	82
96	0:29:30	DAINTY, Paul	Newport & District	MV45	748
97	0:29:36	CLARKE, Stephen	Telford AC	MV35	273
98	0:29:42	MILLINGTON, Deborah	Wrekin Road Runners	LV45	760
99	0:29:44	GOODRIDGE, Mark	Wrekin Road Runners	MV50	147
100	0:29:46	MEREDITH, Simon	Shropshire Shufflers	MV50	773
101	0:29:47	TECKOE, Craig	Unattached	MV40	755
102	0:29:51	MAYO, Kevin	Unattached	MV45	97
103	0:29:54	HOWEN, Lee	Unattached	MV45	762
104	0:29:55	MORGAN, Jonathan	Whitchurch Whippets	MV60	87
105	0:29:55	DAVIS, Stephen	Lawley Running Club	MV35	781
106	0:29:59	BAJIC, Steve	Telford Harriers	MV55	52
107	0:30:01	BROWN, David	Newport & District	MV40	140
108	0:30:08	HENDERSON, Simon	Unattached	MV45	309

Pos	Time	Name	Club	Cat	Num
109	0:30:11	FREER, Chris	Newport & District	MV45	321
110	0:30:17	JONES, Gary	Shropshire Shufflers	SM	109
111	0:30:19	HAWLEY, Richard	Unattached	MV50	124
112	0:30:20	JEFFERSON, Neil	Wrekin Road Runners	MV45	94
113	0:30:23	FREAKLEY, Ben	Newport & District	SM	768
114	0:30:23	SMITH, Emily	Newport & District	SL	731
115	0:30:23	BEEBEE, Emily	Telford AC	LV35	220
116	0:30:26	GARCIA, Rick	Shropshire Shufflers	MV55	32
117	0:30:29	JARVIS, Rob	Unattached	MV45	298
118	0:30:37	NICKLIN, Kevin	Newport & District	MV45	778
119	0:30:40	CROMIE, Shaun	Unattached	SM	754
120	0:30:40	HEATH, Richard	Telford AC	MV45	26
121	0:30:47	MAHONEY, Jonathan	Telford Harriers	SM	39
122	0:30:53	SMITH, Michael	Telford Harriers	SM	726
123	0:30:54	ALDRIDGE, Amy	Lawley Running Club	LV35	295
124	0:30:57	PRICE, Rob	Lawley Running Club	SM	141
125	0:31:01	HALL, Kerry	Unattached	SL	757
126	0:31:15	WESCOTT, Sam	Unattached	SM	732
127	0:31:17	SMITH, Emily	Newport & District	SL	193
128	0:31:20	COLES, Andrew	Newport & District	MV50	288
129	0:31:21	BINKS, Robert	Shropshire Shufflers	SM	246
130	0:31:24	ANDREWS, John	Dudley Kingswinford	MV40	112
131	0:31:26	GLOVER, Robin	Bridgnorth RC	MV40	301
132	0:31:27	YEOMANS, Lisa	Telford Harriers	LV45	63
133	0:31:28	PLANT, Peter	Telford AC	MV50	751
134	0:31:28	WESTCOTT, Ewelina	Unattached	SL	256
135	0:31:30	BOWIE, David	Unattached	MV65	37
136	0:31:36	MACEY, Jacqueline	Shrewsbury AC	LV35	165
137	0:31:37	INGRAM, Nigel	Newport & District	MV50	172
138	0:31:40	WARD, Russell	Unattached	MV45	92
139	0:31:40	CAMERON, James	Lawley Running Club	MV40	275
140	0:31:47	CLAYTON, Judi	Newport & District	LV45	212
141	0:31:51	JONES, Julie	Unattached	LV35	779
142	0:31:58	GREGORY, Kelvin	Telford AC	MV60	238
143	0:31:59	MORRISON, Andy	Dudley Kingswinford	MV45	761
144	0:32:01	DARBY, John	Market Drayton RC	MV45	186
145	0:32:04	CAMPBELL, Rory	Dudley Kingswinford	MV55	64
146	0:32:05	PLIMMER, Jo	Newport & District	SL	767
147	0:32:05	CLARKE, Ben	Unattached	SM	29
148	0:32:06	HODGSON, Annabel	Shropshire Shufflers	LV45	79
149	0:32:12	PERKINS, Gregory	Telford AC	MV60	51
150	0:32:22	GREGORY, Lucy	Telford AC	SL	24
151	0:32:25	RICHARDS, Ian	Shropshire Shufflers	MV55	206
152	0:32:34	REX, SARA	Telford Harriers	LV50	96
153	0:32:37	VANN, Ian	Newport & District	MV45	66
154	0:32:39	TAYLOR, Simon	Shropshire Shufflers	MV45	170
155	0:32:40	PHILLIPS, Gareth	Unattached	MV40	200
156	0:32:48	TONKS, Richard	Dudley Kingswinford	MV35	316
157	0:32:51	GRANDFIELD, Jo	Market Drayton RC	LV50	257
158	0:32:52	COTTERILL, Clare	Shropshire Shufflers	LV35	47
159	0:32:53	ROBERTS, Niki	Shropshire Shufflers	SL	182
160	00:32:53	FRAS, Heather	Shropshire Shufflers	SL	40
161	0:32:58	JOHNSTONE, Pete	Newport & District	MV50	143
162	0:33:00	BROADHEAD, Roland	Unattached	MV50	190

Pos	Time	Name	Club	Cat	Num
163	0:33:05	WILLIAMS, Steve	Wrekin Road Runners	MV35	86
164	0:33:08	GRIFFITHS, Jenna	Shropshire Shufflers	SL	247
165	0:33:10	OWEN-JONES, Megan	Wrekin Road Runners	SL	175
166	0:33:12	FREEMAN, Simon	Unattached	MV45	294
167	0:33:12	STOKES, Oliver	Newport & District	MV35	115
168	0:33:15	ROBBINS, Ken	Whitchurch Whippets	MV65	60
169	0:33:20	THOMPSON, John	Telford Harriers	MV40	88
170	0:33:23	CARLINE, Paul	Unattached	MV45	306
171	0:33:25	METZGER, James	Newport & District	SM	730
172	0:33:27	SCOTCHER, David	Market Drayton RC	MV45	265
173	0:33:29	HOLLAND, Charlie	Shropshire Shufflers	MV60	320
174	0:33:35	COLE, Barbara	Shropshire Shufflers	LV55	50
175	0:33:35	CHETWOOD, Danny	Unattached	MV45	197
176	0:33:37	FELLOWS, Dot	Cannock & Stafford AC	LV70	31
177	0:33:46	PARLATO, Emma	Gnosall Ladies Running Society	LV35	271
178	0:33:47	O'BRIEN, Christina	Telford Harriers	LV35	149
179	0:33:47	BICKERTON, Stuart	Unattached	MV40	214
180	0:33:53	MCCONVILLE, Sally	Dudley Kingswinford	LV55	28
181	0:33:54	CROOK, Helen	Shropshire Shufflers	LV35	129
182	0:33:56	PLANT, Selwyn	Newport & District	MV55	727
183	0:33:59	HOLBROOK, Bernie	Newport & District	MV55	227
184	0:34:01	MUSGROVE, Domonic	Lawley Running Club	MV35	286
185	0:34:16	JONES, Sally	Newport & District	SL	769
186	0:34:18	STOKES, Carrie	Newport & District	LV35	239
187	0:34:18	DICKENSON, Louisa	Shropshire Shufflers	SL	100
188	0:34:36	WEBB, Dave	Unattached	MV50	77
189	0:34:37	GUY, Benita	Newport & District	LV45	131
190	0:34:41	CAMPBELL, Jane	Dudley Kingswinford	LV55	65
191	0:34:46	SCOTCHER, Deborah	Market Drayton RC	LV40	42
192	0:34:55	OWEN, Eloise	Unattached	LV45	231
193	0:34:57	COX, Sarah	Dudley Kingswinford	LV50	184
194	0:34:59	BIBBINGS, Louise	Unattached	LV40	191
195	0:35:03	TURNER, Catherine	Lawley Running Club	SL	36
196	0:35:04	VINALL, Angela	Telford Harriers	LV45	21
197	0:35:10	ROBINSON, Ian	Unattached	MV45	11
198	0:35:11	CLAYTON, Gail	Shropshire Shufflers	LV55	45
199	0:35:24	SMITHEMAN, Patrick	Unattached	MV40	777
200	0:35:24	CAWLEY, Adam	Telford AC	MV40	7
201	0:35:29	PUGH, Jane	Action Heart	LV45	199
202	0:35:33	POLLOCK, Caroline	Wrekin Road Runners	LV35	113
203	0:35:38	BISHTON, Paul	Unattached	MV50	127
204	0:35:38	GREEN, Nichola	Unattached	LV35	192
205	0:35:43	CADDICK, Richard	Unattached	MV40	738
206	0:35:45	SPANDERZYK, Lisa	Unattached	SL	287
207	0:35:47	LEWIS, Dan	Wrekin Road Runners	SM	297
208	0:35:47	OWEN-JONES, Darren	Wrekin Road Runners	MV45	176
209	0:35:53	VINES, Jeff	Unattached	MV35	202
210	0:36:02	HUMPHRIES, Ralph	Newport & District	MV50	15
211	0:36:02	THOMAS, Lisa	Unattached	LV40	221
212	0:36:15	HOWELLS, Donna	Wrekin Road Runners	LV45	78
213	0:36:16	JOHNSON, Sally	Wrekin Road Runners	SL	90
214	0:36:18	HALL, Mark	Wrekin Road Runners	MV55	249
215	0:36:18	ROBERTSON, Kerry	Stafford Harriers	LV50	725
216	0:36:25	METZGER, John	Newport & District	MV55	728

Pos	Time	Name	Club	Cat	Num
217	0:36:27	CORRIGAN, Ruth	Newport & District	LV45	720
218	0:36:28	OWEN-JONES, Rebecca	Wrekin Road Runners	LV35	177
219	0:36:30	WEBSTER, Lindsay	Unattached	LV40	70
220	0:36:34	NEWTON, Angela	Market Drayton RC	LV40	180
221	0:36:36	ELWELL, Michael	Midland Vets	MV65	211
222	0:36:43	SMITH, Warren	Wrekin Road Runners	MV40	102
223	0:36:44	VINE, Lorraine	Market Drayton RC	LV45	173
224	0:36:49	ELLIS, Claire	Lawley Running Club	LV35	153
225	0:36:55	EDWARDS, Helen	Newport & District	LV50	770
226	0:36:56	ATKINS, Nicola	Telford Harriers	LV35	71
227	0:36:58	WISDOM, Joanne	Unattached	LV50	162
228	0:36:59	GUNNING, Clarissa	Wrekin Road Runners	SL	745
229	0:37:03	NEWELL, Lisa Jayne	Unattached	LV45	764
230	0:37:06	HUTCHESON, Francesca	Shropshire Shufflers	LV35	741
231	0:37:12	SPRIGGS, Paul	Wrekin Road Runners	MV45	737
232	0:37:12	KESEK, Pauline	Wrekin Road Runners	LV55	296
233	0:37:13	HOOPER, Sam	Unattached	LV45	747
234	0:37:16	DAINTY, Sandra	Newport & District	LV45	719
235	0:37:18	TAYLOR, Anthea	Unattached	LV45	155
236	0:37:22	WYLIE, Nick	Newport & District	MV55	151
237	0:37:25	ET, Sarah	Shropshire Shufflers	LV40	229
238	0:37:35	HAYWARD, Kevin	Unattached	MV55	142
239	0:37:36	EARL, MIKE	Unattached	MV40	315
240	0:37:44	GLOVER, John	Dudley Kingswinford	MV65	76
241	0:37:48	MILES, Yvette	Telford Harriers	LV60	57
242	0:37:53	WITHINGTON, Sally	Wrekin Road Runners	LV45	111
243	0:38:04	CLARKE, Sarah	Bridgnorth AC	LV50	782
244	0:38:06	LLOYD, Dale	Lawley Running Club	MV50	189
245	0:38:06	BAILEY, Lindy	Shropshire Shufflers	LV50	35
246	0:38:06	CONAGHAN, Alison	Unattached	LV40	724
247	0:38:08	CRABBE, Ceri	Wrekin Road Runners	LV40	216
248	0:38:08	COSTELLO, Kate	Unattached	LV35	774
249	0:38:08	LYLE, Emma	Wrekin Road Runners	LV35	775
250	0:38:10	REYNOLDS, Michelle	Market Drayton RC	LV40	261
251	0:38:25	STROWGER, Anne	Newport & District	LV65	194
252	0:38:52	WILSON, Alison	Unattached	LV60	208
253	0:38:57	BAXTER, Mandy	Shropshire Shufflers	LV45	44
254	0:39:01	SCULLY, Kate	Unattached	SL	224
255	0:39:03	WELLMAN, Malf	Newport & District	MV50	8
256	0:39:03	WELSON, Ali	Unattached	MV50	772
257	0:39:07	BROWN, Rachael	Unattached	LV40	99
258	0:39:07	BLACKWELL, Christy	Wrekin Road Runners	LV35	160
259	0:39:08	HALSTEAD, Mark	Wrekin Road Runners	MV40	117
260	0:39:09	BENNETT, Elizabeth	Gnosall Ladies Running Society	LV45	736
261	0:39:12	EGLESTON, Stephanie	Telford Harriers	LV50	138
262	0:39:19	RAMSDEN, Lesley	Wrekin Road Runners	LV45	729
263	0:39:26	NIELSEN, Hazel	Wrekin Road Runners	LV50	744
264	0:39:36	DOWEN, Meg	Dudley Kingswinford	LV40	284
265	0:39:36	PASSEY, Julia	Newport & District	LV50	771
266	0:39:41	PETROVIC, Christine	Telford Harriers	LV55	136
267	0:39:48	HENDLEY, Sam	Lawley Running Club	SL	49
268	0:40:03	THOMPSON, Cheryl	Unattached	LV45	742
269	0:40:14	COSH, Nick	Lawley Running Club	SM	219
270	0:40:17	LOCKLEY, Wendy	Lawley Running Club	LV40	299

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Pos	Time	Name	Club	Cat	Num
271	0:40:25	WYLIE, Sue	Newport & District	LV55	150
272	0:40:35	CARTWRIGHT, Jo	Wrekin Road Runners	LV45	101
273	0:40:40	WEAR, Wendy	Shropshire Shufflers	LV50	722
274	0:41:08	LEACH, Petra	Newport & District	LV45	157
275	0:41:15	BEDDARD, Roger	Dudley Kingswinford	MV65	139
276	0:41:19	GREENE, Amanda	Market Drayton RC	LV45	283
277	0:41:22	MILES, Caroline	Telford Harriers	SL	58
278	0:41:30	MURRAY, Mike	Fell Running ASS	MV65	164
279	0:41:37	ROBINSON, Tracey	Wrekin Road Runners	LV45	10
280	0:41:56	MARTINALI, Lorna	Shrewsbury Triathlon Club	LV40	230
281	0:41:56	FIELD, Lee	Unattached	MV50	253
282	0:42:00	HOLBROOK, Liz	Newport & District	LV50	228
283	0:42:03	FENNEL, Andrew	Lawley Running Club	MV45	152
284	0:42:05	DAINTY, Ella	Newport & District	SL	749
285	0:42:14	EDMONDS, Sonia	Telford Harriers	LV45	134
286	0:42:20	KALINAUCKAS, Paul	Wrekin Road Runners	MV60	146
287	0:42:20	WEAVER, Jo	Telford Harriers	LV50	103
288	0:42:24	IRELAND, Toni	Newport & District	LV60	205
289	0:43:02	STOKES, John	Newport & District	MV60	114
290	0:43:07	CLIFFORD, Trish	Lawley Running Club	LV40	759
291	0:43:42	RICKETTS, Mike	Telford Harriers	MV65	187
292	0:43:55	BOWNESS, Gary	Newport & District	MV40	313
293	0:43:59	OWEN, Carol	Shropshire Shufflers	LV65	226
294	0:44:03	CHRISTIAN, Deanna	Unattached	SL	74
295	0:45:43	OUSBY, Jan	Market Drayton RC	LV60	171
296	0:45:45	MURRAY, Louise	Market Drayton RC	LV35	198
297	0:46:14	FAWKE, Darren	Telford Harriers	MV40	223
298	0:46:58	RUDLING, Sian	Newport & District	LV55	272
299	0:47:47	ROBINSON, Jenny	Telford Harriers	LV65	158
300	0:48:13	ELWELL, Ursula	Midland Vets	LV60	210
301	0:49:02	HUSSEY, James	Telford Harriers	MV70	308
302	0:49:38	MURRAY, Sophie	Market Drayton RC	LV40	303
303	0:50:43	SNOWDEN, Jo	Telford Harriers	LV55	14
304	0:51:09	CANHAM, Allison	Telford Harriers	LV50	13
305	0:52:14	HARPER, Alison	Telford Harriers	LV50	16
306	0:52:14	HOUGH, Grace	Telford Harriers	LV65	721