

Pos	Time	Name	Club	Cat	Num
1	0:20:54	WARD, Paul	Telford AC	MV45	178
2	0:21:12	HAWKES, Stuart	Tipton Harriers	MV35	245
3	0:21:36	CARPENTER, Richard	Wolverhampton & Bilston AC	SM	203
4	0:21:43	EVANS, Christian	Telford AC	MV40	89
5	0:21:56	SEDMAN-SMITH, Robin	Newport & District	MV35	244
6	0:22:02	COSTELLO, Matthew	Telford AC	SM	209
7	0:22:07	DAVIES, Jamie	Telford AC	SM	264
8	0:22:10	PHILLIPS, Joe	Newport & District	SM	310
9	0:22:11	ROBERTS, Adam	Shrewsbury AC	SM	282
10	0:22:12	HEATH, Ryan	Wolverhampton & Bilston AC	SM	704
11	0:22:12	O'HANLON, Neil	Shrewsbury AC	MV40	703
12	0:22:12	HALL, Matt	Shrewsbury AC	SM	53
13	0:22:13	HICKINBOTTOM, James	Shrewsbury AC	SM	104
14	0:22:16	MORRIS, Gabriel	Shrewsbury AC	SM	174
15	0:22:18	BAGSHAW, Chris	Telford AC	MV35	108
16	0:22:26	JEFFERY, Brian	Unattached	MV35	708
17	0:22:31	STADRIN, Craig	Telford AC	MV35	274
18	0:22:56	MARTIN, Claire	Telford AC	LV40	215
19	0:23:09	SANDERS, John	Telford AC	MV50	222
20	0:23:17	THOMAS, Paul	Market Drayton RC	MV50	686
21	0:23:29	DODD, Gareth	Whitchurch Whippets	SM	252
22	0:23:30	WILKINSON, Dale	Telford AC	MV40	235
23	0:23:35	COUPE, Paul	Telford AC	MV50	3
24	0:23:46	NORMAN, Robert	Unattached	MV35	6
25	0:23:48	MILOVSOV, Jake	Telford AC	SM	319
26	0:23:51	FRANCIS, Kevin	Shrewsbury AC	MV50	41
27	0:23:54	POPE, Tom	Newport & District	MV35	213
28	0:23:57	OTTOLINI, Craig	Market Drayton RC	MV45	326
29	0:23:58	GADSDEN, Marc	Telford Harriers	SM	204
30	0:24:03	MURRAY, Dominic	Unattached	SM	163
31	0:24:12	CALROW, Simon	Wolverhampton & Bilston AC	MV55	154
32	0:24:14	KELLY, Tim	Unattached	MV40	712
33	0:24:25	HUGHES, Simon	Dudley Kingswinford	MV35	62
34	0:24:28	JAKEWAYS, Paul	West Brom Harriers	MV35	266
35	0:24:28	CLARKE, Michelle	Telford AC	LV40	98
36	0:24:29	GUILDER, Matt	Shrewsbury AC	SM	43
37	0:24:31	O'BRIEN, Paul	Telford Harriers	MV35	148
38	0:24:33	DEELEY, Mike	Unattached	MV55	279
39	0:24:34	GARMSON, John	Telford AC	MV50	167
40	0:24:34	WALLEY, Matthew	Shropshire Shufflers	MV35	27
41	0:24:36	JONES, HAYDEN	Shrewsbury AC	MV50	305
42	0:24:45	LLOYD, Grant	Shrewsbury AC	MV40	701
43	0:24:49	BROWN, Craig	Dudley Kingswinford	SM	267
44	0:24:57	BIERTON, Kelvin	Wrekin Road Runners	MV40	121
45	0:25:00	WILLHOIT(SH), Sara	Shrewsbury AC	SL	292
46	0:25:10	WILLIAMS, Paul	Telford AC	MV50	67
47	0:25:18	GOODWIN, Phil	Wrekin Road Runners	MV35	106
48	0:25:20	BECKETT, Tim	Market Drayton RC	MV45	260
49	0:25:28	RITCHIE, Nathan	Unattached	SM	281
50	0:25:31	HILL, Lynne	Tipton AC	LV35	714
51	0:25:34	GRIFFITHS, Mark	Unattached	MV50	196
52	0:25:39	SAVILL, Peter	Shrewsbury AC	MV60	1
53	0:25:42	BLIZZARD, Simon	Dudley Kingswinford	MV35	250
54	0:25:47	MOUNTFORD, Mark	Telford AC	MV45	93
55	0:25:49	WARBURTON, John	Wrekin Road Runners	SM	145
56	0:25:50	STENNETT, Stephen	Shropshire Shufflers	SM	278
57	0:25:55	MILLWARD, Andrew	Unattached	SM	242
58	0:25:57	HOMER, Mark	Dudley Kingswinford	MV55	2
59	0:26:03	PARKINSON, Paul	Newport & District	MV45	285

Pos	Time	Name	Club	Cat	Num
60	0:26:03	NORMAN, David	Dudley Kingswinford	MV45	9
61	0:26:03	NICHOLSON, Andrew	Unattached	SM	715
62	0:26:05	PEARCE, John	Unattached	SM	25
63	0:26:07	HOOD, Peter	Dudley Kingswinford	MV50	290
64	0:26:07	REYNOLDS, Amelia	Telford AC	SL	702
65	0:26:09	MOUNTFORD, Jonty	Telford AC	SM	201
66	0:26:11	JUDGE, Mark	Dudley Kingswinford	MV40	314
67	0:26:19	HARRISON, Keith	Sneyd Striders	MV50	126
68	0:26:21	BONNER, Gary	Dudley Kingswinford	MV50	125
69	0:26:21	HERRON, Alex	Wolverhampton & Bilston AC	SM	277
70	0:26:26	HILL, Philip	Newport & District	MV50	259
71	0:26:28	WRIGHT, Jason	Shropshire Shufflers	MV40	55
72	0:26:29	GUY, Richard	Newport & District	MV45	130
73	0:26:41	RIXOM, Lee	Telford AC	MV40	48
74	0:26:43	COUPE, Rachel	Telford AC	LV45	4
75	0:26:46	PRITCHARD, Nigel	Shropshire Shufflers	MV45	318
76	0:26:47	MEREDITH, Simon	Shropshire Shufflers	MV50	705
77	0:26:50	HAYES, James	Telford AC	SM	707
78	0:26:51	FARLEY, Stewart	Unattached	MV35	317
79	0:26:52	CHRISTIAN, Marc	Telford AC	MV50	73
80	0:26:54	PATEL, Harshad	Unattached	MV35	276
81	0:26:57	WAKELEY, Amy	Telford AC	SL	95
82	0:27:00	OSTERMEYER, Sam	Shropshire Shufflers	SM	17
83	0:27:06	BAILEY, Richard	Telford Harriers	MV50	270
84	0:27:08	MILNER, John	Shropshire Shufflers	SM	304
85	0:27:10	FORD, Ian	Shropshire Shufflers	MV40	20
86	0:27:14	MORGAN, Jonathan	Whitchurch Whippets	MV60	87
87	0:27:20	GREGORY, Bruce	Telford AC	MV55	22
88	0:27:29	HOPKINS, Ian	Telford AC	MV45	687
89	0:27:32	SUMMERS, MARTIN	Bridgnorth RC	MV60	322
90	0:27:38	MACEY, Jacqueline	Shrewsbury AC	LV35	165
91	0:27:38	BROWN, David	Newport & District	MV40	140
92	0:27:50	JONES, Gary	Shropshire Shufflers	SM	109
93	0:27:52	TONKS, Richard	Dudley Kingswinford	MV35	316
94	0:27:58	LJUBOWNIKOW, Sergej	Dudley Kingswinford	MV35	82
95	0:28:02	LOW, Stephen	Wrekin Road Runners	MV35	179
96	0:28:05	PINSON, Anthony	Telford Harriers	SM	75
97	0:28:07	PRICE, Rob	Lawley Running Club	SM	141
98	0:28:08	MARTIN, Ian	Telford AC	MV50	161
99	0:28:10	PARR, Stephen	Dudley Kingswinford	MV40	61
100	0:28:10	GARCIA, Rick	Shropshire Shufflers	MV55	32
101	0:28:13	LUCAS, Dean	Royal sutton coldfied	MV40	240
102	0:28:17	AMOS, Richard	Bridgnorth RC	MV35	268
103	0:28:18	GOODRIDGE, Mark	Wrekin Road Runners	MV50	147
104	0:28:19	HAYCOCK, Anthony	Stafford Harriers	MV55	692
105	0:28:30	JARVIS, Rob	Unattached	MV45	298
106	0:28:34	MCCARTHY, Sean	Shropshire Shufflers	MV35	122
107	0:28:37	OWEN-JONES, Darren	Wrekin Road Runners	MV45	176
108	0:28:45	CLARKE, Stephen	Telford AC	MV35	273
109	0:28:47	FRIEL, Robert	Telford Harriers	MV45	263
110	0:28:49	JEFFERSON, Neil	Wrekin Road Runners	MV45	94
111	0:28:51	BAJIC, Steve	Telford Harriers	MV55	52
112	0:28:52	COLES, Andrew	Newport & District	MV50	288
113	0:28:55	GREGORY, Abi	Telford AC	SL	23
114	0:29:07	MAYO, Kevin	Unattached	MV45	97
115	0:29:09	OWEN, Nick	Wrekin Road Runners	SM	225
116	0:29:12	NICKLIN, Kevin	Newport & District	MV45	693
117	0:29:13	SPELLACY, Adam	West Bromwich Harriers	SM	706
118	0:29:20	HAWLEY, Richard	Unattached	MV50	124

Pos	Time	Name	Club	Cat	Num
119	0:29:24	BEDDARD, Roger	Dudley Kingswinford	MV65	139
120	0:29:29	RICHARDS, Ian	Shropshire Shufflers	MV55	206
121	0:29:36	BINKS, Robert	Shropshire Shufflers	SM	246
122	0:29:39	BEEBEE, Emily	Telford AC	LV35	220
123	0:29:41	ANDREWS, John	Dudley Kingswinford	MV40	112
124	0:29:44	HODGSON, Annabel	Shropshire Shufflers	LV45	79
125	0:29:49	SCOTCHER, David	Market Drayton RC	MV45	265
126	0:29:53	MAHONEY, Jonathan	Telford Harriers	SM	39
127	0:29:57	MARSH, Gary	Shropshire Shufflers	MV50	717
128	0:30:00	JONES, Julie	Unattached	MV35	711
129	0:30:02	TAYLOR, Simon	Shropshire Shufflers	MV45	170
130	0:30:06	PERKINS, Gregory	Telford AC	MV60	51
131	0:30:06	GREGORY, Lucy	Telford AC	SL	24
132	0:30:08	INGRAM, Nigel	Newport & District	MV50	172
133	0:30:12	CLAYTON, Judi	Newport & District	LV45	212
134	0:30:18	WILLIAMS, Steve	Wrekin Road Runners	MV35	86
135	0:30:20	GRANDFIELD, Jo	Market Drayton RC	LV50	257
136	0:30:27	GLOVER, Robin	Bridgnorth RC	MV40	301
137	0:30:29	JOHNSTONE, Pete	Newport & District	MV50	143
138	0:30:35	YEOMANS, Lisa	Telford Harriers	LV45	63
139	0:30:40	DARBY, John	Market Drayton RC	MV45	186
140	0:30:45	ALDRIDGE, Amy	Unattached	LV35	295
141	0:30:49	BOWIE, David	Unattached	MV65	37
142	0:30:49	ELLIS, Claire	Lawley Running Club	LV35	153
143	0:30:53	CLAYTON, Gail	Shropshire Shufflers	LV55	45
144	0:30:59	HOLLAND, Charlie	Shropshire Shufflers	MV60	320
145	0:31:01	BEED, Sam	RAF Cosford	SM	302
146	0:31:06	REX, SARA	Telford Harriers	LV50	96
147	0:31:08	HALL, Kerry	Unattached	SL	691
148	0:31:10	INSLEY, Sam	Unattached	MV40	716
149	0:31:15	GREGORY, Kelvin	Telford AC	MV60	238
150	0:31:17	MUSGROVE, Domic	Lawley Running Club	MV35	286
151	0:31:19	CHETWOOD, Danny	Unattached	MV45	197
152	0:31:21	STOKES, Oliver	Newport & District	MV35	115
153	0:31:26	GRIFFITHS, Jenna	Shropshire Shufflers	SL	247
154	0:31:29	FREEMAN, Simon	Unattached	MV45	294
155	0:31:30	FLANAGAN, Sophie	Manchester Harriers & AC	SL	718
156	0:31:31	CAMPBELL, Rory	Dudley Kingswinford	MV55	64
157	0:31:35	PUNTER, Jon	Unattached	MV50	694
158	0:31:43	FOWLES, Stephen	Newport & District	MV60	132
159	0:31:44	WARD, Russell	Unattached	MV45	92
160	0:31:48	HUMPHREYS, Mel	Wrekin College Tri	LV50	85
161	0:31:54	LAMPITT, Rob	Unattached	MV45	325
162	0:31:55	COLE, Barbara	Shropshire Shufflers	LV55	50
163	0:31:56	THOMPSON, John	Telford Harriers	MV40	88
164	0:32:00	CARLINE, Paul	Unattached	MV45	306
165	0:32:05	CAWLEY, Adam	Telford AC	MV40	7
166	0:32:08	O'BRIEN, Christina	Telford Harriers	LV35	149
167	0:32:08	PHILLIPS, Gareth	Unattached	MV40	200
168	0:32:11	BURHE, Sarah-louise	Lawley Running Club	SL	713
169	0:32:13	ROLLINSON, Jacob	Market Drayton RC	MV45	188
170	0:32:19	FRAS, Heather	Shropshire Shufflers	SL	40
171	0:32:20	HILL, Chris	Lawley Running Club	MV60	690
172	0:32:21	PLANT, Selwyn	Newport & District	MV55	684
173	0:32:22	PRICE, Steve	Shropshire Shufflers	MV65	685
174	0:32:24	STOKES, Carrie	Newport & District	LV35	239
175	0:32:25	HOLBROOK, Bernie	Newport & District	MV55	227
176	0:32:27	POLLOCK, Caroline	Wrekin Road Runners	LV35	113
177	0:32:29	BROADHEAD, Roland	Unattached	MV50	190

Pos	Time	Name	Club	Cat	Num
178	0:32:33	ROBERTS, Niki	Shropshire Shufflers	SL	182
179	0:32:33	BIBBINGS, Louise	Unattached	LV40	191
180	0:32:43	PARLATO, Emma	Gnosall Ladies Running Society	LV35	271
181	0:32:44	MCCONVILLE, Sally	Dudley Kingswinford	LV55	28
182	0:32:45	FELLOWS, Dot	Cannock & Stafford AC	LV70	31
183	0:32:48	GUY, Benita	Newport & District	LV45	131
184	0:32:50	OWEN-JONES, Megan	Wrekin Road Runners	SL	175
185	0:32:57	CLARKE, Ben	Unattached	SM	29
186	0:32:57	DEANE, Nick	Shropshire Shufflers	MV45	311
187	0:32:58	MACMANUS, Jason	Unattached	MV40	323
188	0:32:58	DICKENSON, Louisa	Shropshire Shufflers	SL	100
189	0:33:08	WEBB, Dave	Unattached	MV50	77
190	0:33:09	COTTERILL, Clare	Shropshire Shufflers	LV35	47
191	0:33:21	SCOTCHER, Deborah	Market Drayton RC	LV40	42
192	0:33:24	OWEN, Eloise	Unattached	LV45	231
193	0:33:26	BICKERTON, Stuart	Unattached	MV40	214
194	0:33:32	COX, Sarah	Unattached	LV50	184
195	0:33:37	TURNER, Catherine	Lawley Running Club	SL	36
196	0:33:38	VINALL, Angela	Telford Harriers	LV45	21
197	0:33:49	THOMAS, Lisa	Unattached	LV40	221
198	0:33:54	WELLMAN, Malf	Newport & District	MV50	8
199	0:33:56	CROOK, Helen	Shropshire Shufflers	LV35	129
200	0:33:59	SPANDERZYK, Lisa	Unattached	SL	287
201	0:34:01	COWARD, Andy	Pershore Plum Plodders	MV50	689
202	0:34:08	GREEN, Nichola	Unattached	LV35	192
203	0:34:12	VINES, Jeff	Unattached	MV35	202
204	0:34:15	CAMPBELL, Jane	Dudley Kingswinford	LV55	65
205	0:34:22	TATTON, Nigel	Telford AC	MV50	217
206	0:34:27	POMALDOWKZI, Woyciech	Aldridge Running Club	MV35	293
207	0:34:33	HUMPHRIES, Ralph	Newport & District	MV50	15
208	0:34:37	SMITH, Warren	Wrekin Road Runners	MV40	102
209	0:34:39	HAYWARD, Kevin	Unattached	MV55	142
210	0:34:44	WISDOM, Joanne	Unattached	LV50	162
211	0:34:45	GRIFFITHS, Vicky	Unattached	LV40	709
212	0:34:45	NEWTON, Angela	Market Drayton RC	LV40	180
213	0:35:05	ET, Sarah	Shropshire Shufflers	LV40	229
214	0:35:07	HOWELLS, Donna	Wrekin Road Runners	LV45	78
215	0:35:08	CHURM, Tony	Newport & District	MV65	144
216	0:35:08	ROBINSON, Ian	Unattached	MV45	11
217	0:35:11	TAYLOR, Anthea	Unattached	LV45	155
218	0:35:17	HALSTEAD, Mark	Wrekin Road Runners	MV40	117
219	0:35:20	MIDDLEBROOK, Jana	Unattached	SL	710
220	0:35:23	OWEN-JONES, Rebecca	Wrekin Road Runners	LV35	177
221	0:35:26	WYLIE, Nick	Newport & District	MV55	151
222	0:35:29	JOHNSON, Sally	Wrekin Road Runners	SL	90
223	0:35:39	GUNNING, Clarissa	Wrekin Road Runners	SL	696
224	0:35:40	WEBSTER, Lindsay	Unattached	LV40	70
225	0:35:47	KESEK, Pauline	Wrekin Road Runners	LV55	296
226	0:35:47	HALL, Mark	Wrekin Road Runners	MV55	249
227	0:36:13	ELWELL, Michael	Midland Vets	MV65	211
228	0:36:20	STROWGER, Anne	Newport & District	LV65	194
229	0:36:22	BROWN, Rachael	Unattached	LV40	99
230	0:36:25	KENT, Kimberley	Lawley Running Club	LV40	33
231	0:36:32	HENDLEY, Sam	Lawley Running Club	SL	49
232	0:36:35	SCULLY, Kate	Unattached	SL	224
233	0:36:46	COMLEY, Liz	Dudley Kingswinford	LV35	700
234	0:36:52	WILSON, Alison	Unattached	LV60	208
235	0:36:58	GLOVER, John	Dudley Kingswinford	MV65	76
236	0:36:58	DOWEN, Meg	Dudley Kingswinford	LV40	284

Pos	Time	Name	Club	Cat	Num
237	0:37:11	WITHINGTON, Sally	Wrekin Road Runners	LV45	111
238	0:37:14	CRABBE, Ceri	Wrekin Road Runners	LV40	216
239	0:37:23	VINE, Lorraine	Market Drayton RC	LV45	173
240	0:37:40	BAILEY, Lindy	Shropshire Shufflers	LV50	35
241	0:37:42	BAXTER, Mandy	Shropshire Shufflers	LV45	44
242	0:37:53	REYNOLDS, Michelle	Market Drayton RC	LV40	261
243	0:37:56	NIELSEN, Hazel	Wrekin Road Runners	LV50	695
244	0:38:00	CARTWRIGHT, Jo	Wrekin Road Runners	LV45	101
245	0:38:10	VERRILL, Laura	Market Drayton RC	SL	255
246	0:38:20	MILES, Yvette	Telford Harriers	LV60	57
247	0:38:22	EGLESTON, Stephanie	Telford Harriers	LV50	138
248	0:38:22	MARTINALI, Lorna	Shrewsbury Triathlon Club	LV40	230
249	0:38:22	FIELD, Lee	Unattached	MV50	253
250	0:38:25	PETROVIC, Christine	Telford Harriers	LV55	136
251	0:39:31	JEFFERY, Tori	Newport & District	SL	688
252	0:39:32	ROBINSON, Tracey	Wrekin Road Runners	LV45	10
253	0:39:34	CONAGHAN, Alison	Unattached	LV40	697
254	0:39:36	MILES, Caroline	Telford Harriers	SL	58
255	0:39:38	WEAVER, Jo	Telford Harriers	LV50	103
256	0:39:48	MCFADZEAN, Louise	Wolverhampton & Bilston AC	LV45	719
257	0:39:49	GREENE, Amanda	Market Drayton RC	LV45	283
258	0:39:50	FENNELL, Andrew	Lawley Running Club	MV45	152
259	0:39:52	LEACH, Petra	Newport & District	LV45	157
260	0:40:03	WYLIE, Sue	Newport & District	LV55	150
261	0:40:27	WHITTINGHAM, Jo	Shropshire Shufflers	LV40	68
262	0:40:29	MILLWARD, Hayleigh	Unattached	SL	241
263	0:40:31	IRELAND, Toni	Newport & District	LV60	205
264	0:40:56	KALINAUCKAS, Paul	Wrekin Road Runners	MV60	146
265	0:41:22	CHRISTIAN, Deanna	Unattached	SL	74
266	0:41:44	HOLBROOK, Liz	Newport & District	LV50	228
267	0:42:14	MURRAY, Mike	Fell Running ASS	MV65	164
268	0:42:26	MURRAY, Louise	Market Drayton RC	LV35	198
269	0:42:32	OWEN, Carol	Shropshire Shufflers	LV65	226
270	0:42:52	STOKES, John	Newport & District	MV60	114
271	0:43:45	FAWKE, Darren	Telford Harriers	MV40	223
272	0:43:47	RICKETTS, Mike	Telford Harriers	MV65	187
273	0:43:52	ELWELL, Ursula	Midland Vets	LV60	210
274	0:44:30	JONES, Norma	Newport & District	LV50	59
275	0:44:35	HUSSEY, James	Telford Harriers	MV70	308
276	0:44:44	MACEY, Alarna	Unattached	SL	166
277	0:44:58	RUDLING, Sian	Newport & District	LV55	272
278	0:45:18	GREGORY, Angela	Shropshire Shufflers	LV35	54
279	0:46:00	ROBINSON, Jenny	Telford Harriers	LV65	158
280	0:46:32	CANHAM, Allison	Telford Harriers	LV50	13
281	0:46:44	JAMES, Chris	Telford Harriers	LV50	72
282	0:46:54	WOODCOCK, Karen	Newport & District	LV55	698
283	0:46:59	SNOWDEN, Jo	Telford Harriers	LV55	14
284	0:47:50	MURRAY, Sophie	Market Drayton RC	LV40	303
285	0:51:08	PATTERSON, Louise	Newport & District	SL	137
286	0:51:30	HARPER, Alison	Telford Harriers	LV50	16