

TELFORD 10K PAST WINNERS

Year	MALE WINNER	FEMALE WINNER	No. finishers
2019	Adam Craig (Inverclyde/NBMCR) 28-32 (rec)	Samantha Harrison (Notts AC) 32-31 (rec)	1128
2018	Callan Moody (Serpentine-NZ) 29-31	Emily Hosker Thornhill (Aldershot) 32-52	1244
2017/18	Charlie Hulson (Sale Harriers) 29-12	Caryl Jones (Swansea) 33-18	881
2016	Joshua Grace (Aldershot F&D) 29-21	Elinor Kirk (Swansea) 32-35	1021
2015	Ryan McLeod (Tipton) 29-40	Elinor Kirk (Swansea) 33-07	939
2014	John Beattie (Newham EB) 29-55	Rebecca Robinson (Kendal AAC) 33-23	883
2013	Jonny Mellor (Liverpool H) 29-39	Louise Damen (Winchester AC) 32-47	806
2012	Andy Baddeley (Harrow) 29-08	Laura Whittle (Royal Sutton C) 34-14	708
2011	Ben Tickner (Wells City H) 29-50	Jessica Coulson (Stockport) 33-18	554
2010/11	Jean Ndayisenga (Birch) 29-47	Claire Elms (Dulwich) 35-17	516
2009/10	Chris DAVIES (Telford) 30-21	Gemma TURTLE (Glouc) 32-52	407
2008	David Webb (Leeds City) 29-50	Claire MARTIN (Telford) 33-57	454
2007	David Webb (Leeds City) 29-32	Claire MARTIN (Telford) 34-06	476
2006	Phil NICHOLLS (Tipton) 29-19	Kim FAWKE (Telford) 35-00	472
2005	Chris DAVIES (Telford) 29-21	Debbie MASON (Tipton) 34-20	435
2004	Chris DAVIES (Telford) 30-26	Claire MARTIN (Telford) 35-38	415
2003	Chris DAVIES (Telford) 28-52	Debbie MASON (Tipton) 34-31	241
2002	Mark DALKINS (Birch) 31-12	Lynne RICHARDS (Newcastle) 38-27	287
2001	Nick JONES (Tipton) 30-33	Amanda WRIGHT (Birchfield) 33-44	169
2000	Chris DAVIES (Telford) 29-51	Amanda WRIGHT (Birchfield) 34-18	107
1999	Matt CLARKSON (Bir) 30-43	Zara HYDE-PETERS (Havent) 34-57	90
1998	Kip ROTICH (Northbrook) 30-50	Susan LAMB (Sale) 36-49	123
Previous course in Wellington Town centre.			
1997	Haggai CHEPKWONY (B&R) 31-06	Carol ADAMS (Centurion) 37-00	126
1996	Chris DAVIES (Telford) 31-04	Amanda WRIGHT (Birchfield) 33-24	160
1995	Mark FLINT (Telford) 31-18	Amanda WRIGHT (Birchfield) 33-46	101
1994	Steve HENSHAW (N.Wales) 30-53	Susan CANDY (ShropS) 40-22	100
1993	Mark DALKINS (Stoke) 31-52	Dianne PAYTON (Tipton) 37-55	160
1992	Bashir HUSSAIN (Stock) 29-14	Amanda WRIGHT (Tipton) 33-47	301
1991	Mark FLINT (Telford) 29-17	Jackie DAVIES (Charnwood) 34-49	288
1990	Dave LONG (Coventry) 29-29	Julie ASGILL (Stretford) 35-21	215
1989	Tony POWER (W&B)	?	
1988	Ray KEENEY (Telford) 31-02	T. PERKINS (Reebok) 37-05	170
1987	Ray KEENEY (Telford) 30-45	Heather ANSLOW (C&S) 36-16	200
1986	Tony POWER (W&B) 30-15	?	283
1985	Steve EMSON (W&B) 30-45	D. HARVEY (Stourport) 38-59	256
1984	Mark DALLOWAY (Stourport)	?	

